

Implementation Plan for Monday Lesson 1 Week A – from September 2024

Week A MONDAY LESSON 1	Year 7	Year 8	Year 9	Year 10	Year 11
Autumn 1	Team Building	Citizenship	RSE and SMSC	Wellbeing	Safety
Autumn 2	Safety	Wellbeing	Citizenship	Careers Work Experience Planning	RSE and SMSC
Spring 1	Citizenship	Team Building	Careers Options Information and Guidance	RSE and SMSC	Wellbeing
Spring 2	RSE and SMSC	Careers	Wellbeing	Safety	Citizenship
Summer 1	Careers	RSE and SMSC	Safety	Citizenship	REVISION Support from Wellbeing Examinations
Summer 2	Wellbeing	Safety	Team Building	Careers Work Experience	

RSE will also be taught through the 'Theology of the Body' within Religious Education and Science Curriculum

	Team Building	Citizenship	Careers	Wellbeing	RSE and SMSC	Safety
Autumn 1	YR7	YR8	YR11	YR10	YR9	YR11
L1 16/09	TEAM BUILDING CHALLENGE	Human Rights and International Laws		Mental Health and Stigma	The Search for Love, Contraception and Marriage Romantic love, sexual attraction and intimacy	The NEXT STEPS <i>Application processes and skill development for further education</i> MCH Lead
L2 30/09	TEAM BUILDING CHALLENGE	Contribution to the Community		Ill health and safeguarding health	Love People, Use Things, Knowing My Rights Objectification has a negative impact	Safety in an Independent Context Female safety, misogyny and hate crimes
L3 14/10	TEAM BUILDING CHALLENGE	Previous liberties enjoyed by citizens of the UK		Influence and impact of drugs, gangs and role models	In Control of My Choices and Being One Hundred Percent Love, lust, consent and choosing to delay intimacy	Road Safety Vehicle and Mobile Device

	Team Building	Citizenship	Careers	Wellbeing	RSE and SMSC	Safety
Autumn 2		YR9	YR10	YR8	YR11	YR7
L1 18/11		The roles played by public institutions and voluntary groups in the UK	Introduction to Work Experience When, where, how, who...	Alcohol, Drugs and Peer Pressure	Self-Worth, Addiction, Eating Disorders Self-respect, emotions, physical struggle	Bullying The signs and effects, how to respond and to support
L2 2/12		The function and the use of money	My future Finances Planning, budget, jobs, salary, future aspirations, lifestyle, insurance, borrowing and investment.	Mental health, body image, coping strategies, language and routines	Managing Fertility How love, life and sex connect to each other STI's Sexual choices and consequences	Social influences – How behaviour can affect others, positive friendships gang exits
L3 16/12		Parliament – votes, elections and parties	Moving on from School Income deductions, tax, national insurance, pensions	Energy drinks, vaping and eating disorders	Coercive Control Awareness and Respect Pornography Authentic love and responsibility	Having clear personal boundaries – images sharing information

	Team Building	Citizenship	Careers	Wellbeing	RSE and SMSC	Safety
Spring 1	YR8	YR7	YR9	YR11	YR10	
L1 13/1	TEAM BUILDING CHALLENGE	Being a Good Citizen	<i>Setting Goals and Learning Strengths Developing Weaknesses Transferrable Skills</i>	Self-efficacy, stress management, future opportunities	Authentic Freedom and Self-Image Worth which leads to freedom, respect and appreciation of our bodies	
L2 27/1	TEAM BUILDING CHALLENGE	Rules, laws and justice systems	Employability Skills Careers and Life Choices Why people change jobs?	Responsible health choices	Values, Dignity and Abuse Building confidence and integrity, understanding values and beliefs, abuse in all relationships.	
L3 10/2	TEAM BUILDING CHALLENGE	Contribution to the Community	Labour Market Information leading into GCSE Option, process and support network	Health services and their importance	Parenthood, Pregnancy and Abortion Love, marriage, stages of life in the womb	

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Spring 2		YR11	YR8	YR9	YR7	YR10
L1 3/3		Human Rights and International laws	Strengths and Weaknesses Developing Transferrable skills	Peer influence and substance use	Who am I? Changing Bodies Created and loved by God, Sexual Development	Drugs and Gangs Effect on finances and relationships
L2 17/3		Different electoral systems used in and beyond the UK	Careers and Life Choices Why people change jobs and the impact upon personal finances	Mental Health and the safeguarding of our mental health Diet, exercise and healthy choices	Where We Come From, Family and Friends Human reproduction, positive relationships between family and friends	Knife crime, drugs, gangs and first aid Exit Strategies Managing peer influence in increasingly independent scenarios
L3 31/3		The Manifesto and Mock Election	Understanding the basics of finance Working, borrowing and budgeting	Increased Responsibility Personal health, and cancer awareness.	My Life on Screen Digital lives and living responsibly	FIRST AID Saving lives and emergency situations

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Summer 1		YR10	YR7		YR8	YR9
L1 28/4		Local, Regional and International Governance in the UK Mutual Respect for diverse national, regional, religious and ethnic identities in the UK	My Strengths and Developing new skills, resilience and a can-do attitude.		Feelings and Tough Relationships Sexual feelings, respect and self-control	Self-Image and Identity Who Am I?
L2 12/5		Europe, the Commonwealth and the United Nations	INSPIRE Careers and raising aspirations		Before I Was Born and Wider World Premature, miscarriage, abortion, discrimination and prejudice	Managing Risk Social Media, Unwanted attention, addiction to screens

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Summer 2	YR9		YR10	YR7		YR8
L1 2/6	TEAM BUILDING CHALLENGE		Getting ready for Work experience	Self-concept		Online Safety – Public and Private information Age restrictions and how to make responsible decisions online Financial security online
L2 16/6	TEAM BUILDING CHALLENGE		Making the most of your Work Experience	First Aid Sudden Cardiac Arrest and DEFIB		Gambling hooks and impacts
L3 30/6	TEAM BUILDING CHALLENGE		Work Experience Evaluation	Healthy Lifestyles and Routines		Online grooming Inc. Extremism and Radicalisation
L4 14/7 REWARD TRIPS	Personal Development Review		Personal Development Review	Personal Development Review		Personal Development Review

Organisation

Team Building – Wellbeing and STEM Leads

Citizenship – Citizenship Lead

Careers – Careers Lead

Wellbeing – Wellbeing Lead

RSE & SMC – RSE and SMC Lead

Safety – Safety Lead

KEY TO SHADING: Taken from the DfE Guidance

HEALTH AND WELLBEING

LIVING IN A WIDER WORLD

RELATIONSHIP