



Common Good



Option for the Poor and Vulnerable



Dignity of the Human Person



The Dignity of Work and Education



Solidarity



Care for God's Creation



Family and Community

2 WEEKLY MEAL PLAN

WEEK A

WEEK B

PASTA MONDAY	BATTERED CHICKEN BURGER PANINI'S – TIKKA SPECIAL TOMATO & BASIL PASTA WEDGES/CURLY FRIES	BATTERED CHICKEN BURGER PANINI'S - SWEET CHILLI SPECIAL MACORONI CHEESE PASTA WEDGES/CURLY FRIES
SPECIAL TUESDAY	CHICKEN WRAPS BBQ CHICKEN WINGS PANINI'S- SWEET CHILLI SPECIAL WEDGES/CURLY FRIES	CHICKEN WRAPS SPECIAL CHEESE BEEF BURGER MACORONI CHEESE PASTA WEDGES/CURLY FRIES
TREAT WEDNESDAY	SAUSAGE ROLLS CHICKEN NUGGETS CHICKEN WRAPS WEDGES/CURLY FRIES	SAUSAGE ROLLS CHICKEN NUGGETS CHICKEN STRIPS & SAUC WEDGES/CURLY FRIES
CURRY THURSDAY	CHICKEN WRAPS TIKKA CURRY & RICE SOUTHERN FRIED BURGER WEDGES/CURLY FRIES	CHICKEN WRAPS KORMA CURRY & RICE BATTERED CHICKEN BURGER WEDGES/CURLY FRIES
CHIP FRIDAY	CHEESE & TOMATO PIZZA FISH BURGERS CHIPS WITH CHEESE, GRAVY OR BEANS WEDGES	CHEESE PANINI FISH BURGER CHIPS WITH CHEESE, GRAVY OR BEANS WEDGES

COLD ITEMS AVAILABLE DAILY

- CHICKEN & BACON COLD PASTA
- TOMATO & BASIL COLD PASTA
- TUNA SWEETCORN COLD PASTA
- SELECTION OF SANDWICHES/WRAPPS/SALAD POTS
- CHEESE & CRACKERS
- GRAPES, APPLES, BANANAS
- YOGHURTS- FLAVOURS VARY
- BROWNIES, COOKIES & SPECIAL CAKES