

### Implementation Plan for Monday Lesson 1 Week A – from September 2023

Week A MONDAY LESSON 1	Year 7	Year 8	Year 9	Year 10	Year 11
<b>Autumn 1</b>	Team Building	Citizenship	RSE and SMSC	Wellbeing	Safety
<b>Autumn 2</b>	Safety	Wellbeing	Citizenship	Careers <b>Work Experience Planning</b>	RSE and SMSC
<b>Spring 1</b>	Citizenship	Team Building	Careers <b>Options Information and Guidance</b>	RSE and SMSC	Wellbeing
<b>Spring 2</b>	RSE and SMSC	Careers	Wellbeing	Safety	<b>Citizenship</b>
<b>Summer 1</b>	Careers	RSE and SMSC	Safety	Citizenship	<b>REVISION</b> Support from Wellbeing  <b>Examinations</b>
<b>Summer 2</b>	Wellbeing	Safety	Team Building	Careers <b>Work Experience</b>	

**RSE will also be taught through the 'Theology of the Body' within Religious Education and Science Curriculum**

	Team Building	Citizenship	Careers	Wellbeing	RSE and SMSC	Safety
Autumn 1	YR7	YR8	YR11	YR10	YR9	YR11
<b>L1</b> <b>18/9</b>	<b>TEAM BUILDING CHALLENGE</b>	Human Rights and International Laws		<b>Mental Health and Stigma</b>	<b>The Search for Love, Contraception and Marriage</b> Romantic love, sexual attraction and intimacy	<b>The NEXT STEPS</b> <i>Application processes and skill development for further education</i> <b>MCH Lead</b>
<b>L2</b> <b>5/10</b>	<b>TEAM BUILDING CHALLENGE</b>	Contribution to the Community		<b>Ill health and safeguarding health</b>	<b>Love People, Use Things, Knowing My Rights</b> Objectification has a negative impact	<b>Safety in an Independent Context</b> Female safety, misogyny and hate crimes
<b>L3</b> <b>16/10</b>	<b>TEAM BUILDING CHALLENGE</b>	Previous liberties enjoyed by citizens of the UK		<b>Influence and impact of drugs, gangs and role models</b>	<b>In Control of My Choices and Being One Hundred Percent</b> Love, lust, consent and choosing to delay intimacy	<b>Road Safety Vehicle and Mobile Device</b>

	<b>Team Building</b>	<b>Citizenship</b>	<b>Careers</b>	<b>Wellbeing</b>	<b>RSE and SMSC</b>	<b>Safety</b>
<b>Autumn 2</b>		<b>YR9</b>	<b>YR10</b>	<b>YR8</b>	<b>YR11</b>	<b>YR7</b>
<b>L1 6/11</b>		The roles played by public institutions and voluntary groups in the UK	<b>Introduction to Work Experience</b>	<b>Alcohol, Drugs and Peer Pressure</b>	<b>Self-Worth, Addiction, Eating Disorders</b> Self-respect, emotions, physical struggle	<b>Bullying</b> The signs and effects, how to respond and to support
<b>L2 20/11</b>		The function and the use of money	<b>My future Finances</b> Planning, budget, jobs, salary, future aspirations, lifestyle.	<b>Mental health, body image and coping strategies</b>	<b>Managing Fertility</b> How love, life and sex connect to each other <b>STI's</b> Sexual choices and consequences	<b>Social influences</b> – How behaviour can affect others, positive friendships gang exits
<b>L3 4/12</b>		Parliament – votes, elections and parties	<b>Understanding types of Financial Risks</b> Investments, borrowing, gambling, insurance.	<b>Factors that affect mental health including language and routines</b>	<b>Coercive Control</b> Awareness and Respect <b>Pornography</b> Authentic love and responsibility	<b>Having clear personal boundaries</b> – images sharing information
<b>18/12</b>		Citizenship and the environment	<b>Moving on from School</b> Income deductions, tax, national insurance, pensions	<b>Energy drinks, vaping and eating disorders</b>	<b>Cinema in Education</b> <b>Truth and Lies</b> Impact of porn on a relationship	<b>Money Money</b> Opening your first bank account and Identifying theft and scams

	Team Building	Citizenship	Careers	Wellbeing	RSE and SMSC	Safety
<b>Spring 1</b>	<b>YR8</b>	<b>YR7</b>	<b>YR9</b>	<b>YR11</b>	<b>YR10</b>	
<b>L1 15/1</b>	<b>TEAM BUILDING CHALLENGE</b>	Being a Good Citizen	<i>Setting Goals and Learning Strengths Developing Weaknesses Transferrable Skills</i>	Self-efficacy, stress management, future opportunities	<b>Authentic Freedom and Self-Image</b> Worth which leads to freedom, respect and appreciation of our bodies	
<b>L2 29/1</b>	<b>TEAM BUILDING CHALLENGE</b>	Rules, laws and justice systems	Employability Skills Careers and Life Choices  Why people change jobs?	Responsible health choices	<b>Values, Dignity and Abuse</b> Building confidence and integrity, understanding values and beliefs, abuse in all relationships.	
<b>L3 12/2</b>	<b>TEAM BUILDING CHALLENGE</b>	Contribution to the Community	Labour Market Information leading into <b>GCSE Option, process and support network</b>	Health services and their importance	<b>Parenthood, Pregnancy and Abortion</b> Love, marriage, stages of life in the womb	

	Team Building	Citizenship	Careers	Wellbeing	RSE and SMSC	Safety
<b>Spring 2</b>		<b>YR11</b>	<b>YR8</b>	<b>YR9</b>	<b>YR7</b>	<b>YR10</b>
<b>L1 4/3</b>		Human Rights and International laws	Strengths and Weaknesses Developing Transferrable skills	Peer influence and substance use	<b>Who am I? Changing Bodies</b> Created and loved by God, Sexual Development	Drugs and Gangs Effect on finances and relationships
<b>L2 18/3</b>		Different electoral systems used in and beyond the UK Different electoral systems used in and beyond the UK (continued)	Careers and Life Choices Why people change jobs and the impact upon personal finances	Mental Health and the safeguarding of our mental health  Diet, exercise and healthy choices	<b>Where We Come From, Family and Friends</b> Human reproduction, positive relationships between family and friends	Knife crime, drugs, gangs and first aid Exit Strategies  Drugs and alcohol affecting decision making  Managing peer influence in increasingly independent scenarios

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<b>Summer 1</b>		<b>YR10</b>	<b>YR7</b>		<b>YR8</b>	<b>YR9</b>
<b>L1 15/4</b>		Local, Regional and International Governance in the UK  Mutual Respect for diverse national, regional, religious and ethnic identities in the UK	<b>My Strengths and Developing new skills, resilience and a can do attitude.</b>		<b>Created and Chosen, Appreciating Differences</b> Awareness of our uniqueness, Invitation from God to root ourselves in his identity	<b>Self-Image and Identity Who Am I?</b>
<b>L2 29/4</b>		Europe, the Commonwealth and the United Nations	<b>INSPIRE</b> Careers and raising aspirations		<b>Feelings and Tough Relationships</b> Sexual feelings, respect and self-control	<b>Managing Risk</b> Social Media, Unwanted attention, addiction to screens
<b>L3 13/5</b>			<b>Working, Saving, Borrowing and Budgeting</b>		<b>Before I Was Born and Wider World</b> Premature, miscarriage, abortion, discrimination and prejudice	<b>Increased Responsibility</b> Personal health, and cancer awareness.

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<b>Summer 2</b>	<b>YR9</b>		<b>YR10</b>	<b>YR7</b>		<b>YR8</b>
<b>L1 3/6</b>	<b>TEAM BUILDING CHALLENGE</b>		<b>Getting ready for Work experience</b>	<b>Self-concept</b>		Online Safety – Public and Private information Age restrictions and how to make responsible decisions online Financial security online
<b>L2 17/6</b>	<b>TEAM BUILDING CHALLENGE</b>		<b>Making the most of your Work Experience</b>	<b>First Aid Sudden Cardiac Arrest and DEFIB</b>		Gambling hooks and impacts
<b>L3 1/7</b>	<b>TEAM BUILDING CHALLENGE</b>		<b>Work Experience Evaluation</b>	<b>Healthy Lifestyles and Routines</b>		Online grooming Inc. Extremism and Radicalisation
<b>L4 15/7 REWARD TRIPS</b>	<b>Personal Development Review</b>		<b>Personal Development Review</b>	<b>Personal Development Review</b>		<b>Personal Development Review</b>

**Organisation**

**Team Building** – Wellbeing and STEM Leads

**Citizenship** – Citizenship Lead

**Careers** – Careers Lead

**Wellbeing** – Wellbeing Lead

**RSE & SMC** – RSE and SMC Lead

**Safety** – Safety Lead

**KEY TO SHADING: Taken from the DfE Guidance**

**HEALTH AND WELLBEING**

**LIVING IN A WIDER WORLD**

**RELATIONSHIP**