

EPCHS TECHNOLOGY DEPARTMENT: YEAR 11 Programme of Study

BTEC Tech Award Health and Social Care

Year/Term	Unit of work	Intent	Skills
Overall		The Pearson BTEC Level 1/Level 2 Tech Award in Health and Social Care (603/7047/6) is for learners who want to acquire sector-specific applied knowledge through vocational contexts by studying human lifespan development, health and social care services and values, and health and wellbeing as part of their Key Stage 4 learning.	
Autumn Term 1	Controlled Assessment set by Pearson	The early part of the term will be memory and retrieval exercises on Health and Social Care Services and Values. The students will be prepared for their controlled assessment that will take place towards the end of September and the beginning of October. This will be set by the examination board and will be completed under controlled conditions.	Memory and retrieval Writing Listening Following instructions Working independently Reading
Autumn Term 2	Component 3: Health and Wellbeing	<p>Factors that affect health and wellbeing</p> <ul style="list-style-type: none"> • What is the definition of health and wellbeing? • Physical factors: inherited conditions-cystic fibrosis, haemophilia, physical ill-health, cardiovascular disease, obesity, type 2 diabetes, physical mental health – anxiety, stress, physical abilities – sensory impairments. • Lifestyle factors – nutrition, The Eatwell Guide, physical activity, smoking, alcohol, and substance misuse. • Social factors – relationships, social inclusion, and exclusion, bullying and discrimination. • Cultural factors – religion and community participation, gender roles and expectations, gender identity, and sexual orientation. 	Listening Reading Memory and retrieval Research Group work Independent work Analysing information Cultural awareness

		<ul style="list-style-type: none"> • Economic factors – employment situation and financial resources. • Environmental factors – housing and home environment, and exposure to pollution. • The impact of life events: physical events and relationship changes, life circumstances. 	
Spring Term 1		<p>Health indicators</p> <ul style="list-style-type: none"> • Measurements of health, resting heart rate, recovery after exercise, blood pressure, body mass index, • Interpretation of data on nutrition, smoking, alcohol and substance misuse, significance of abnormal readings. 	<p>Numeracy Interpreting data Statistical data Listening Reading Writing</p>
Spring Term 2		<p>Person centred approaches to improving health and wellbeing.</p> <ul style="list-style-type: none"> • The importance and benefits of a person-centred approach • Recommendations and actions to improve health and wellbeing. • Support available when following recommendations to improve health and wellbeing. • Physical and sensory impairment barriers • Social, cultural, language and speech impairment barriers. • Geographical, resource and financial barriers. • Emotional, psychological obstacles. • Obstacles caused by time constraints. • Obstacles caused by availability of resources. • Obstacles caused by unachievable targets. • Obstacles caused by lack of support. 	<p>Listening Reading Writing Logical thinking Problem solving</p>
Summer Term	Examination preparation	This will be the time when the students will be preparing for their	Exam preparation Time management

		examination. They will be completing past papers.	Organisation Reading Writing Memory and recall
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