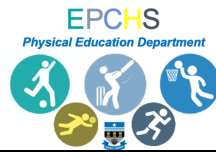




# Year 8 Curriculum Grid



## Core PE



Year/Term	Unit	Intent	Skills
<b>Overall</b>		<p>To deliver lessons that cover a variety of sports to cater for all student interests.</p> <ul style="list-style-type: none"> <li>Lessons delivered at different times of the year based on seasonal weather/space/teams.</li> <li>The priority is to keep students active and engaged.</li> <li>Opportunities for leadership during warm-up and game related activities (strategies and tactics).</li> <li>To extend and develop the same skills learned in Y7 PE.</li> <li>Some lessons will be adapted depending on weather, space, and staffing.</li> </ul>	
<b>Autumn 1</b>	Baseline testing and OAA	<p>To assess a range of core motor skills to determine the progress of all students.</p> <p>To learn and develop skills in the following activity:</p> <ul style="list-style-type: none"> <li><b>Team Building</b> – teamwork, problem solving, timed competitions.</li> </ul>	Communication Resilience Problem solving Leadership Specific practical skills Set plays Strategies & tactics Social Skills Analysis and Evaluation
<b>Autumn 1 &amp; 2</b>	Games and Individual Activities	<p>To learn and develop skills in the following sports:</p> <ul style="list-style-type: none"> <li><b>Association Football</b></li> <li><b>Netball</b></li> <li>Students will cover the following:               <ul style="list-style-type: none"> <li>Game play.</li> <li>Passing and possession.</li> <li>Beating a player/dribbling/dodging/1 v 1/2v2/3v2/5v5.</li> <li>Attacking strategies/shooting.</li> <li>Defending strategies/tackling/marking.</li> </ul> </li> <li><b>Badminton</b> – rules and game play, service, and basic shot selection, attacking strategies, defensive strategies</li> <li><b>Fitness</b> - Replicate individual technique and apply theoretical concepts into practice. Fitness – methods of training,</li> </ul>	Communication Resilience Problem solving Leadership Specific practical skills Set plays Strategies & tactics Social Skills Analysis and Evaluation



# Year 8 Curriculum Grid



## Core PE



		<p>principles of training, designing a fitness programme</p> <ul style="list-style-type: none"> <li>• <b>Gymnastics</b> – flight, locomotion, and balance</li> </ul>	
<b>Spring</b>	Games and Individual Activities	<ul style="list-style-type: none"> <li>• To experience game play as part of an Interform competition (Girls – Netball, Boys – Association Football)</li> <li>• <b>Basketball</b></li> <li>• <b>Association Football</b></li> <li>• <b>Rugby</b></li> <li>• Students will cover the following: <ul style="list-style-type: none"> <li>• Game play.</li> <li>• Passing and possession.</li> <li>• Beating a player/dribbling/dummy/dodging/1 v 1/2v2/3v2/5v5.</li> <li>• Attacking strategies/shooting.</li> <li>• Defending strategies/tackling/marking.</li> </ul> </li> <li>• <b>Badminton</b> – rules and game play, service, and basic shot selection, attacking strategies, defensive strategies.</li> <li>• <b>Fitness</b> - Replicate individual technique and apply theoretical concepts into practice.</li> <li>• <b>Gymnastics</b> – flight, locomotion, and balance.</li> </ul>	<p>Communication Resilience Problem solving Leadership Specific practical skills Set plays Strategies &amp; tactics Social Skills Analysis and Evaluation</p>
<b>Summer</b>	Summer Games and Athletics	<p>To learn and develop skills in the following sports:</p> <ul style="list-style-type: none"> <li>• <b>Tennis</b> – rules and game play, service, and basic shot selection, attacking strategies, defensive strategies.</li> <li>• <b>Rounders</b> – fielding, bowling, batting, gameplay.</li> <li>• <b>Softball</b> – fielding, bowling, batting, gameplay.</li> <li>• <b>Athletics</b> – running (short and long distance), throwing, jumping.</li> <li>• To experience game play as part of an Interform competition (Girls – Rounders, Boys – Softball).</li> </ul>	<p>Communication Resilience Problem solving Leadership Specific practical skills Set plays Strategies &amp; tactics Social Skills Analysis and Evaluation</p>



# Year 8 Curriculum Grid



## Core PE

