



EPCHS PE DEPARTMENT:

YEAR 11 GCSE PE LEARNING JOURNEY



Theory

AO1- Knowledge

AO2- Application

AO3-Evaluation

Useful websites

- BBC bitesize- AQA GCSE PE
- The EverLerner
- SamLearning
- YouTube revision tutorials

Literacy Check list for exam questions

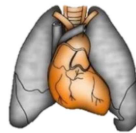
- Full sentences.
- Capital letters and full stops.
- Connectives at the start of new paragraphs and fro AO3 links.
- Circle the sport and key words in the question.



REVISION LESSONS

FINISH

Summer Term



Spring Term

CHAPTER 1- THE STRUCTURE AND FUNCTION OF THE CARDIO-RESPIRATORY SYSTEM:
Cardiovascular & Respiratory System

CHAPTER 5 – SOCIAL-CULTURAL INFLUENCES:
Commercialisation & Ethical Issues.



Autumn Term

CHAPTER 1 – ANAEROBIC AND AEROBIC EXERCISE:
Effects of Exercise & Recovery Methods

CHAPTER 1- APPLIED ANATOMY AND PHYSIOLOGY:
Skeletal & Muscular System